PQRSTU tool answers

P	Pain keeps her awake at night, she cannot lie on her right side and it is not easy to get comfortable. Using a wheat bag sometimes helps. Panadol is used to help, but not so much anymore. She is most comfortable sitting in her reclining armchair during the day.
Q	A dull ache in her right hip. She developed a new ache in her lower back over the past few days.
R	Stabbing pain shoots down her right leg when she tries to stand or walk.
S	About 4/10 at best but 8/10 with movement and almost unbearable when she tries to walk.
T	It is 'a bit achey' all the time but much worse with movement. She does not like to bother the busy nurses.
U	She is worried that the pain means the cancer in her hip is getting worse. She says, 'It is really beginning to get me down now.'