Total pain answers

Psychological

- Anxiety
- Depression
- Grief and sadness
- Loneliness
- Anger
- Disappointment

Physical

- Right hip pain
- Reduced mobility
- Reduced independence
- Weakness
- Fatigue



Spiritual

- Uncertain future
- Fear of pain
- Fear of dying
- Questions about value and meaning
- Angry with God
- Loss of faith

Social

- Altered role
- Loss of home
- Adjusting to ARC
- Loss of friends and community
- Missing family
- Boredom
- Loss of interest in activities